

# Mooloolah Valley Men's Shed

## Frequently Asked Questions (FAQ)

### **1. What is the Mooloolah Community Men's Shed about?**

- The Mooloolah Community Men's Shed is a place where men can come together to improve their health, learn new skills, and participate in meaningful activities to relieve isolation and loneliness.

### **2. What are the main purposes of the Association?**

- Improve men's health.
- Facilitate health programs.
- Provide meaningful activities.
- Undertake charitable activities.
- Learn and pass on skills.
- Mentor young men.

### **3. Is the Association a not-for-profit organisation?**

- Yes, all assets and income are used to further its objectives and support the community. We are also a registered charity.

### **4. How can one apply for membership?**

- Complete the membership form on the website or drop in to the Shed and talk to one of the committee members.

### **5. How much does it cost to join the Association?**

- Full Year Membership Fee: \$75 (includes insurance); Half Year Membership for those who join from the 1st of August each year is \$40 (includes insurance).

### **6. What programs does the Mooloolah Valley Men's shed offer?**

- The Association offers programs that address mental, physical, and emotional health issues in men, including seminars with allied health professionals.

### **7. How does the Association benefit the community?**

- The Association undertakes charitable activities that benefit the broader community and promotes the mentoring of young men.

## **8. What are the benefits of joining Mooloolah Valley Men's Shed?**

- Members can improve their health, learn new skills, participate in meaningful activities, and benefit their families, friends, and community.

## **9. What days is the shed open?**

- The shed is open on Tuesdays and Thursdays from 9:00am to 1:00pm, and on Saturdays from 8:30am to 1:00pm.

## **10. What are the shed's contact details?**

- Phone: +61 (0)490 867 907
- Email: shed@mvms.org.au
- Address: 47 Bray Road, Mooloolah Valley. Enter via King Road.

## **11. Are there any other fees once I join the Men's Shed?**

- Yes, there is a \$5 weekly fee to access the shed (Only payable for those weeks that members attend). This helps cover tea, coffee, and incidentals of using the Shed.

## **12. What is the code of conduct regarding safety?**

- The Shed aims to provide a safe, supportive, and friendly environment for men to gather, volunteer, work, teach, learn, and seek fellowship with other like-minded men.

## **13. What is the process for renewing my membership?**

- Membership renewal can be done by filling out the renewal form and paying the annual fee. Members will be notified when their renewal is due.

## **14. What should I do if I have a medical condition or limitation?**

- Members with medical conditions or limitations should inform the Shed Supervisor to ensure that appropriate safety measures are in place. The Shed aims to provide a safe environment for all members.

## **15. How does the MCMS handle privacy and personal information?**

- The MCMS respects the privacy of its members and will not share personal information without consent. Members should also respect the privacy of others.

## **16. Are there any age restrictions for joining the MCMS?**

- Membership is open to men over the age of 18. Boys over 12 can visit the Shed if they are supervised by an adult at all times.

**17. Can I participate in Shed activities if I have limited mobility?**

- Yes, members with limited mobility are encouraged to participate in activities as long as it can be done safely and independently.

**18. What should I do if I witness or experience inappropriate behaviour at the Shed?**

- Any inappropriate behaviour should be reported to the Shed Supervisor or a member of the management committee immediately.

**19. How can I contribute to the Shed's activities and programs?**

- Members can contribute by volunteering their time, sharing their skills, and participating in fundraising activities. Suggestions for new activities are always welcome.

**20. What is the procedure for handling emergencies at the Shed?**

- In case of an emergency, follow the Shed's emergency procedures, which include notifying the Shed Supervisor and contacting emergency services if necessary.
- The Shed is equipped with First Aid Kits and a Defibrillator

**21. How can I stay informed about upcoming events and activities at the Shed?**

- Members can stay informed through the Shed's newsletter, notice board, Facebook, and website updates.

**22. Does the Shed accept donations?**

- Yes, the Shed welcomes financial donations. If you have any machinery or tools in good condition, please send some details with a photo to [shed@mvms.org.au](mailto:shed@mvms.org.au). Please check before dropping any equipment off at the Shed.

**23. What machinery and equipment can I use in the Shed?**

- All members must complete a Shed induction and undertake training on equipment. Members must be signed off by a supervisor before using any machinery or equipment unsupervised.

**24. What equipment is available to use at the Shed?**

- The Shed has metalworking and woodworking areas equipped with power tools, drill presses, lathes, welders, saws, milling machines, and much more. It's best to drop by and take a look; one of the friendly members will be more than happy to show you around.

**25. Do I need to get involved in the woodworking or metalwork shops to participate in the Men's Shed?**

- All men are welcome at the Men's Shed. You can do as little or as much as you want. Some members come down for the social connection, a chat, and morning tea.

**26. Can community members pay the Men's Shed to do projects and fix things?**

- The members are volunteers and work on projects that interest them. If you have a project that will benefit the community, you can send an email to check if one of the members is interested in helping.

**27. Can Woman join the Men's shed.**

- The Men's Shed is specifically designed to provide a supportive environment for men to connect, share skills, and work on projects together. While we appreciate the interest from women, this group is focused on addressing the unique needs and experiences of men.

**28. Can I borrow equipment from the Men's Shed to take home to do jobs?**

- No, the equipment is kept onsite to support all members. However, you are welcome to become a member and use the equipment at the Men's Shed.

**29. What are the social activities available at the Men's Shed?**

- The Men's shed had smoko around 10:30am and you are welcome to pop in for a chat and a cuppa. Members also have BBQ's and fundraisers.

**30. Are there any partnerships or collaborations with other community organisations?**

- The Men's shed a not for profit and relies on partnerships, donations and grants that helped build the shed and buy equipment. If your business is interested in supporting the shed, please send an email to [shed@mvms.org.au](mailto:shed@mvms.org.au)

**31. What are the future plans or upcoming projects for the Men's Shed?**

- The shed is getting the woodworking section fully functional and has plans to create some works to sell at community markets and events.